

Race Results (by category) - Urenco Capenhurst 5.

24/08/2011

Name	Running Club	Time	Name	Running Club	Time
U40			Stuart Richards	u/a	24.14
Peter Butler	Oswestry Olympians	15.47	Brian Beattie	West Cheshire	24.52
Oliver Park	Warrington AC	16.15	O60		
Rob Grantham	EPRC	16.20	Arnold Melling	Astley-Tyldesley RR	19.41
Vincent Van Woerkom	Chester Tri	16.34	Melvyn Ollier	Wrexham AC	20.35
Peter Brook	Chester Tri	16.50	Michael Charman	Spectrum Striders	21.09
James Docherty	West Cheshire AC	16.58	Dave Taylor	Chester Tri	22.15
Adair Broughton	Helsby	17.07	Alan Durston	EPRC	22.29
Steve Laker	Wirral AC	17.08	Patrick Henley	Liverpool Harriers	24.37
L Midghall	Liverpool Harriers	17.34	Chris Binks	Chester Tri	27.30
Mark Davies	St.Helens Sutton AC	17.47	Chris Morgan	Chester Tri	27.30
Richard Park	Warrington AC	17.57	O55		
Tim Fletcher	Penny Lane Striders	18.02	Tony McDevitt	Wirral AC	18.00
Stephen Harrison	Village Road Runners	18.10	Derek Ashcroft	Penny Lane Striders	18.39
Philip Townsend	Chester Tri	18.27	Peter Maher	Vale Royal AC	18.54
Andrew Howarth	Chester Tri	18.28	Matt Whitfield	EPRC	19.55
Luke Parker	Penny Lane Striders	18.53	Steve Pembereton	Penny Lane Striders	20.15
Paul Stinton	Buckley Runners	19.23	Robert Freeman	u/a	20.50
Aaron Riley	Chester Tri	19.41	Malcolm Sloane	Chester Tri	21.13
Matt Atkinson	Wilmslow RC	20.00	Billy O'Brien	u/a	22.29
Alec Jervis	u/a	20.07	Barry Chambers	Vale Royal AC	22.31
Graeme Dick	Chester Tri	20.12	Philip Weaver	u/a	22.40
John Collins	u/a	20.35	David Alan Jones	Denbigh Harriers	22.48
Chris Williams	u/a	20.47	Tony Clixby	Village Road Runners	28.22
Andrew Taylor	u/a	20.57	Andrew Hyde	u/a	29.14
Julian Evitts	Chester Tri	21.04	O50		
Peter Williamson	Chester Tri	21.13	Paul Quine	Liverpool Harriers	17.11
Mike Welsh	Wirral AC	21.25	Anthony Barbat	Wallasey AC	17.42
David Addis	EPRC	21.25	Andrew Rogerson	Wallasey AC	19.21
Andy Hamilton	u/a	22.02	Paul Fields	u/a	20.24
Grant Gibson	Chester Tri	22.07	Bill Sheppard	u/a	21.42
Peter Burgess	Chester Tri	22.10	John Jennings	EPRC	22.10
James Arathoon	u/a	23.43	Jon Parry	Chester Tri	22.25
Mark McGonigle	u/a	24.41	Richard Pettitt	Vale Royal AC	22.57
Mick Flaherty	Chester Tri	26.11	Anthony Brockway	Wirral AC	24.04
David Allman	u/a	29.21	Stuart Jakeman	VRAC	24.30
Lionel Jones	u/a	29.52	Dave Bottoms	Chester Tri	24.58
U20			David Brierley	Chester Tri	25.35
Thomas Haynes	South Cheshire Harrier	16.05	O45		
Henry Valentine	South Cheshire Harrier	16.16	Robert Tudor	West Cheshire AC	15.59
Jon-Philip Seymour	Wirral AC	16.49	Ian Cooper	EPRC	17.19
Adam Parr	West Cheshire AC	17.02	Ian Landucci	Helsby RC	18.18
Russell Gibbons	South Cheshire Harrier	17.45	David Gilbert	u/a	18.37
David Brockway	Wirral AC	18.43	Andrew Keeley	Penny Lane Striders	19.08
Matthew Jakeman	VRAC	21.03	Tom Rutherford	Capenhurst	20.01
Mike Kane	Chester Tri	25.02	Jon Hawker	EPRC	20.09
O65			Brian McGregor	u/a	20.20
Albert Berry	Helsby	20.42	Chris Hulse	Chester Tri	20.29
John Morris	Buckley	23.07	Roy Gaskill	Helsby	20.32
Robin Frost	Wrexham AC	23.52			

Name	Running Club	Time	Name	Running Club	Time
Colin Jones	u/a	22.47	Sharon Jones	u/a	29.52
Lloyd Isam	Barnley AC	23.03			
John Wright	Pensby Runners	27.34			
O40			FO45		
Alan Ashton	Liverpool Harriers	16.06	Sara Atkinson	Tattenhall Runners	19.48
Lee Jones	Deeside	16.11	Vanessa Griffiths	Helsby RC	21.54
Glen Groves	Liverpool Harriers	16.42	Traci Shipley	Chester Tri	22.18
Dave Simmonds	u/a	17.06	Maria Brockway	Wirral AC	23.37
Peter Scaratt	Wirral AC	17.16	Nania Mason	Chester Tri	26.16
John Connolly	Penny Lane	17.26	Sue Hadley	Village Road Runners	28.22
Andrew Clague	West Cheshire AC	17.35	Rachel Atkinson	u/a	29.14
Gary Blackwell	Deeside Aac	18.34	Paula Marshall	u/a	29.32
Paul Donoghue	Buckley Runners	19.26			
Nick Eastwood	Chester Tri	19.55	FO40		
Mark Bennett	Chester Tri	20.46	Debbie Hawker	EPRC	22.53
Chris Smith	u/a	20.50	Stephanie Jakeman	VRAC	23.08
Neil Critchley	Burnden RR	21.12	Helen Johnson	EPRC	25.28
Karl Hannigan	EPRC	21.51	Lisa Gittins	u/a	25.57
Adrian Jackson	Helsby RC	21.59	Deanna Mithen	u/a	29.54
John Thompson	Helsby RC	23.01	Kathryn Howell	u/a	29.58
Neil Richards	u/a	24.15			
Steve Clarkson	u/a	24.51	FO35		
FU35			Emma Parry	Wrexham AC	18.11
Jennifer Pybis	Liverpool Harriers AC	18.23	Lisa Grantham	Wirral AC	18.31
Kate Titlow	Warrington AC	18.43	Jay Jennions	Deestridders	19.11
Laura Bestow	West Cheshire AC	19.25	Sarah Kearney	Wirral AC	19.28
Aimee Bartley	Wirral AC	20.44	Jane Ashbrook	Helsby	19.46
Kirsty Seddon	Chester Tri	20.45	Susan Fourie	Chester Tri	20.36
Kate Litherland	Chester Tri	20.52	Jayne Clubbe	u/a	26.22
Rebecca Holland	Chester Tri	21.18	Clare McEney	Chester Tri	26.59
Camilla Parry	Chester Tri	21.55	Kelly Lavender-Smith	EPRC	27.16
Jayne Joy	Helsby RC	22.11	Cherry Collison	Bolton Harriers	28.47
Helen Harding	u/a	22.20			
Umejei Ugboode	u/a	23.05			
Karen Jones	Tattenhall	23.48			
Sharen Roberts	Swinton	25.16			
Xana Page	Chester Tri	25.22			
Jessica Ann O'Neill	Spectrum Striders	26.30			
Lisa Riley	u/a	27.22			
Jayne Blyth	EPRC	29.15			
FU20					
Amelia Pettitt	Vale Royal AC	18.56			
Rachel Jefferson	Warrington AC	20.11			
Ciara Pettitt	Vale Royal AC	22.19			
FO60					
Celia Birchby	Sale Harriers	24.16			
FO50					
Christine Salvage	Chester Tri	22.12			
Sue O'Brien	Widnes Wasps	22.27			
Debbie Rutherford	u/a	22.38			
Ann Ball	EPRC	24.23			
Carmel Barnett	EPRC	27.24			
Pauline Carpenter	EPRC	27.42			
Jacky Humphreys	u/a	28.09			