

# Race Results (Ladies) - Urenco Capenhurst 5K

24/08/2011

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
1	Emma Parry	FO35	Wrexham AC	18.11	43	Carmel Barnett	FO50	EPRC	27.24
2	Jennifer Pybis	FU35	Liverpool Harriers AC	18.23	44	Pauline Carpenter	FO50	EPRC	27.42
3	Lisa Grantham	FO35	Wirral AC	18.31	45	Jacky Humphreys	FO50	u/a	28.09
4	Kate Titlow	FU35	Warrington AC	18.43	46	Sue Hadley	FO45	Village Road Runners	28.22
5	Amelia Pettitt	FU20	Vale Royal AC	18.56	47	Cherry Collison	FO35	Bolton Harriers	28.47
6	Jay Jennions	FO35	Deestridders	19.11	48	Rachel Atkinson	FO45	u/a	29.14
7	Laura Bestow	FU35	West Cheshire AC	19.25	49	Jayne Blyth	FU35	EPRC	29.15
8	Sarah Kearney	FO35	Wirral AC	19.28	50	Paula Marshall	FO45	u/a	29.32
9	Jane Ashbrook	FO35	Helsby	19.46	51	Sharon Jones	FO50	u/a	29.52
10	Sara Atkinson	FO45	Tattenhall Runners	19.48	52	Deanna Mithen	FO40	u/a	29.54
11	Rachel Jefferson	FU20	Warrington AC	20.11	53	Kathryn Howell	FO40	u/a	29.58
12	Susan Fourie	FO35	Chester Tri	20.36					
13	Aimee Bartley	FU35	Wirral AC	20.44					
14	Kirsty Seddon	FU35	Chester Tri	20.45					
15	Kate Litherland	FU35	Chester Tri	20.52					
16	Rebecca Holland	FU35	Chester Tri	21.18					
17	Vanessa Griffiths	FO45	Helsby RC	21.54					
18	Camilla Parry	FU35	Chester Tri	21.55					
19	Jayne Joy	FU35	Helsby RC	22.11					
20	Christine Salvage	FO50	Chester Tri	22.12					
21	Traci Shipley	FO45	Chester Tri	22.18					
22	Ciara Pettitt	FU20	Vale Royal AC	22.19					
23	Helen Harding	FU35	u/a	22.20					
24	Sue O'Brien	FO50	Widnes Wasps	22.27					
25	Debbie Rutherford	FO50	u/a	22.38					
26	Debbie Hawker	FO40	EPRC	22.53					
27	Umejei Ugbo	FU35	u/a	23.05					
28	Stephanie Jakeman	FO40	VRAC	23.08					
29	Maria Brockway	FO45	Wirral AC	23.37					
30	Karen Jones	FU35	Tattenhall	23.48					
31	Celia Birchby	FO60	Sale Harriers	24.16					
32	Ann Ball	FO50	EPRC	24.23					
33	Sharen Roberts	FU35	Swinton	25.16					
34	Xana Page	FU35	Chester Tri	25.22					
35	Helen Johnson	FO40	EPRC	25.28					
36	Lisa Gittins	FO40	u/a	25.57					
37	Nania Mason	FO45	Chester Tri	26.16					
38	Jayne Clubbe	FO35	u/a	26.22					
39	Jessica Ann O'Neill	FU35	Spectrum Striders	26.30					
40	Clare McEnergy	FO35	Chester Tri	26.59					
41	Kelly Lavender-Smit	FO35	EPRC	27.16					
42	Lisa Riley	FU35	u/a	27.22					

<b>Pos.</b>	<b>Name</b>	<b>Cat.</b>	<b>Running Club</b>	<b>Time</b>	<b>Pos.</b>	<b>Name</b>	<b>Cat.</b>	<b>Running Club</b>	<b>Time</b>
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