

Race Results (Male) - Capenhurst 5K

24/08/2005

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
1	Jonny Mellor	U20	Liverpool Harriers	15.05	42	James Huggins	U40	Buckley Runners	19.09
2	Mike Proudlove	U40	City of Stoke	15.26	43	Chris Brierley	O45	Northern Vets	19.13
3	Peter Lambert	U40	Deeside AAC	15.46	44	Mark Smith	U40	Tattenhall	19.33
4	Ian Houston	U40	Wrexham	15.54	45	Melvyn Ollier	O55	Whrexham AC	19.4
5	Malcolm Eadie	U40	North Fylde AC	16.16	46	Max Taylor	U40	Helsby	19.43
6	Mike Robbins	O40	Wrexham AAC	16.37	47	Gwyn Morgan	U40	Buckley	19.45
7	Andy Starkey	O40	West Cheshire AC	16.46	48	Dave Toft	U40	UA	19.48
8	Steven Crowe	U40	Ellesmere Port RC	16.47	49	Manfred Keune	O45	Helsby RC	19.5
9	Mark Hulmston	U40	Wirral	16.52	50	Tony Man	U40	Penny Lane Striders	19.52
10	Ian Cooper	O40	Ellesmere Port RC	16.56	51	Chris Morgan	O55	Chester Tri	19.54
11	Clive Rowland	U40	Wrexham AC	16.59	52	Peter Roberts	O60	Buckley Runners	19.56
12	Leon Foster	U40	Wirral	17.1	53	Simon Williams	U40	UA	19.58
13	Darren Blazier	U40	Abergele Harriers	17.11	54	Michael Charman	O55	Helsby RC	20
14	Bill Eadie	O40	North Fylde AC	17.15	55	Mike Cutler	O45	South Cheshire Harrier	20.06
15	Dave Gough	O40	Vale Royal	17.29	56	Dave Burrell	O40	UA	20.08
16	Peter Scarratt	O40	Wirral	17.31	57	Harry Baggaley	O50	UA	20.22
17	Seam Mc Cormack	O40	Abergele Harriers	17.32	58	Bill Sheppard	O45	London Fire Brigade	20.23
18	Tim Davies	O40	Buckley	17.34	59	Steve Baylock	O40	Ellesmere Port RC	20.26
19	Graham Earlam	O45	West Cheshire	17.42	60	Philip Barnes	O45	Helsby	20.38
20	Stephen Bellis	O50	Wrexham AC	17.47	61	Malcolm Lingard	O40	Spectrum Striders	20.39
21	Nick Haywood	U40	Vale Royal	18.03	62	Alan Jones	U40	Buckley Runners	20.44
22	Michael Warner	U40	Stafford Upon Avon	18.04	63	Fechin McCormick	O55	Sale Harriers	20.46
23	Kevin Carroll	O50	Liverpool Pembroke &	18.17	64	Michael Hallsworth	O50	Helsby Running Club	21
24	Michael C. Court	U40	Vale Royal A.C.	18.19	65	Roy Jardine	O55	Eryri	21.01
25	Darell Soden	O55	Liverpool Pembroke Se	18.24	66	Andy Evans	U40	UA	21.03
26	Eric Gelshon	O55	Mossley Hill AC	18.33	67	Dave Taylor	O50	Chester Tri	21.15
27	K Hatton	O45	Liverpool Harriers	18.37	68	Brian Beattie	O60	West Cheshire AC	21.24
28	Mark Dodd	U40	Ellesmere Port RC	18.37	69	Steven McCormack	U20	Abergele Harriers	21.43
29	Peter Weatherhead	O50	Wirral Ac	18.39	70	Mark Edwards	U40	UA	22.31
30	Josef Hayes	U40	UA	18.48	71	Martine Stirna	O50	South Cheshire Harrier	22.45
31	Nigel Evans	O45	Bro Dysynni	18.5	72	David Redpath	O55	Spectrum Striders	22.56
32	Mark Bennett	U40	City of Chester Triathlo	18.54	73	Joe Park	O70	Cheshire Tally-Ho	23.08
33	G Dalton	O40	UA	18.56	74	Clive Langham	O50	UA	23.15
34	Matthew Ashton	U40	Abergele Harriers	18.57	75	Mike Lewis	U40	Deeside AAC	23.23
35	David Temple	U40	Deestridders	19	76	Paul Foley	O45	UA	23.26
36	Simon Leary	U40	Vale Royal Ac	19.01	77	Matthew Johnson	U20	UA	23.44
37	David Roderick	O55	Deeside Aac	19.02	78	Nigel Hetherington	O45	Menai T & F	23.48
38	Nick Rose	U40	Chester Tri	19.02	79	Mark Molloy	U40	Warrington Road Runn	23.58
39	Dave Ayton	U40	Wrexham AC	19.03	80	Scott Fagan	U40	UA	24.13
40	Steve Broadfoot	O40	Northern Vets	19.05	81	Geoffrey Harvey	O55	West Cheshire AC	24.32
41	Steve Pemberton	O50	Penny Lane Striders	19.05	82	Andrew Reid	U40	UA	24.56

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
83	Andy Worsey	U40	UA	24.57					
84	Peter Lewis	O45	UA	24.58					
85	Bryan Griffiths	O40	UA	25					
86	Andrew Clay	U40	UA	25.05					
87	Jonathan Muir	U40	Helsby	26.06					
88	Billy Jackson	O45	UA	26.15					
89	Nigel Crierie	U40	UA	26.19					
90	C.M. Richards	O45	UA	26.49					
91	Debra Susan Bellis	O40	Wrexham AC	26.5					
92	Philip Simpson	U40	Buckley	27.28					
93	Trevor Prescott	O70	St Helens Sutton	28.48					