

Race Results (by category) - Urenco Capenhurst 5.

22/08/2007

Name	Running Club	Time	Name	Running Club	Time
U40			Robert Lockwood	Road Runners	31.05
Tim Dickinson	Blackheath Harriers	15.51	O65		
Luke Reddy	Liverpool Harriers	15.54	Peter Roberts	Buckley	19.46
Richard Shearer	u/a	16.15	Stan Erlam	St Helens Sutton	21.19
Steven Hensaw	Deeside	16.20	Jack Thomas	Buckley	22.10
Leon Foster	Wirral	16.31	Stuart Richards	u/a	22.12
Mark Hulmston	Wirral	16.46	Keith Robson	Manchester Tri	23.00
V Van Woerkom	Epson Oddballs	16.53	O60		
George Kirk	Sale Harriers	16.57	John Ratcliffe	Tattenhall	19.52
Paul Mannion	u/a	16.58	Brian Beattie	West Cheshire	22.04
Darren Blazier	Abergele	17.15	O55		
Nick Burke	Altrincham	17.31	Anthony McDevitt	Wirral AC	17.57
Gary bird	u/a	17.37	Arnold Melling	Lostock	19.22
Peter Taylor	Tattenhall	17.38	Melvyn Ollier	Wrexham AC	19.52
Andrew Clague	West Cheshire	17.38	Michael Whiteside	Tattenhall	19.59
Michael Harrington	Vale Royal	17.45	Chris Morgan	Chester Tri	20.24
Jonathan Bradshaw	Chester Tri	17.54	David Jones	Denbigh Harriers	20.29
Philip Monks	Vale Royal	17.55	Dave Taylor	Chester Tri	20.40
George Nicholls	Prestatyn	18.10	Barry Chambers	Vale Royal	21.46
Adair Broughton	Helsby	18.13	Mike Doolan	Prestatyn RC	23.05
Shane Wolstencroft	Salford Mets	18.50	Ken Taylor	n/a	26.06
Rob Edwards	Wrexham Tri	18.52	Ray Scotter	u/a	37.23
Neil Elsby	Wirral AC	19.58	O50		
David Herrington	West Cheshire AC	20.04	Matt Whitfield	Ellesmere Port	18.42
Stephen Norbury	u/a	20.14	Paul Miller	Tattenhall	19.28
Shane Knott	Penny Lane Striders	20.14	William Prout	Salford Metro	19.41
Jayson Rees-hugh	u/a	20.14	Dave Olsfield	Tattenhall	20.29
David Temple	Deestridders	20.22	Brian Griffiths	Ellesmere Port RC	21.14
Matt Parsoni	Chester Tri	20.25	Mike Cutler	South Cheshire Harrier	21.22
Neill Rees-Hughes	u/a	20.36	John Raftery	Wallasey AC	21.28
Jeffrey Byron	u/a	21.03	Martin Durrant	Tattenhall	22.14
Rob Hardwick	Penny Lane Striders	21.09	Dave Thompson	Spectrum Striders	22.38
Tim Hughes	Tattenhall	21.12	Robin Smith	Middleton Harriers	22.48
David Lyman	Penny Lane Striders	21.25	Martin Booth	u/a	25.25
Grant Watson	Chester tri	21.43	Peter seth	u/a	35.31
Matt Owen	Helsby	21.50	O45		
Neil Walsh	Spectrum Striders	22.31	John Earliston	Abergele	16.43
Richard Jones	u/a	25.36	Ian Lancaster	Tattenhall	17.19
Chris Evans	u/a	37.32	Chris Chandler	u/a	17.39
U20			Gary Withers	West Cheshire	17.49
Adam Peers	Liverpool Harriers	15.33	Tony Walker	Clayton le Moors	17.53
Shaun Egan	Wirral AC	17.03	Michael K Stone	Wirral	18.54
Alex Haswell	West Cheshire	17.25	Simon Greenwood	Chester tri	19.10
Jon-Philip Seymor	Wirral AC	17.51	Keith Hatton	Liverpool Harriers	19.16
Luke Proudfoot	Wirral	20.01	Paul Price	West Cheshire	20.02
Alex W Goodwin	u/a	20.15	David Roberts	Ellesmere Port	20.37
Thomas Nowrie	u/a	24.10	Mark Watts	Mersy Tri	21.10
Kieron Stuart	u/a	24.11	Robert Spotwood	Abergele	21.20
Daniel Shaw	u/a	24.40			
O70					

Name	Running Club	Time
Ian Fitzpatrick	Chester tri	21.34
John Houghton	Warrington	21.48
Paul Frodsham	West Cheshire	21.50
Nic Ogilvie	u/a	22.44
Derek Isherwood	Wirral	23.32
David Banister	u/a	23.53
David Shaw	u/a	24.13

O40

Ian Wetherall	Sale Harriers	16.13
Peter Scarratt	Wirral	17.13
Peter Bohan	u/a	18.38
Paul Howarth	Clwydian Fell Runners	18.54
Andrew Blair	Tattenhall	19.23
Steve Brace	Tattenhall	19.44
Danny Legg	Ellesmere Port RC	19.54
Jon Hawker	Ellesmere Port RC	20.03
Peter Clarkson	u/a	20.07
Rob Jones	South Cheshire Harrier	20.15
Michael Evans	Chester Tri	21.56
Mark Molloy	Warrington RR	22.33
Sean Simmons	Chester tri	23.05
Tom Nowrie	u/a	25.21
Sandra Barrett	Chester tri	29.18

FU35

Emma Parry	Wrexham AC	17.44
Carol Parsons	Chester Tri	17.58
Ellie Debenham	Chester Tri	18.55
Jay Jennions	Deestriders	19.45
Alison Smith	Tattenhall	20.11
Carol Williams	Tattenhall runners	20.23
Pamela Thuole	Penny Lane Striders	21.04
Sarah Henshaw	Deestriders	21.24
Marjolein von Kralingen	Tattenhall	21.28
Nicola Whitham	Tattenhall	22.14
Amanda Davies	Tattenhall	22.39
Samantha Roberts	Chester Tri	22.46
Rachel Lambert	Helsby	23.17
Alison Jones	u/a	24.58
Jennifer Chambers	Tattenhall	25.10
Claire Richards	u/a	26.04
L Webster	Frodsham	26.50
Heather Agnew	u/a	28.09
Carly Harris	u/a	29.17
Claire Jones	u/a	37.23
Jennie McIver	u/a	37.33

FU20

Gemma Lawler	Wirral	20.52
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FO65

Lesley Clague	Tattenhall	29.14
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FO55

Rosemary Rogers	Deestriders	23.08
Booth Rosie	u/a	28.14

FO50

Name	Running Club	Time
Ann Stevenson	u/a	27.54
Tessa Swaine	Tattenhall	29.12

FO45

Mary Tavener	Vale Royal	20.54
Carol Shaw	Helsby	22.29
Margaret Ludden	Buckley	23.07
Janet Taylor	Chester Tri	23.17
Ann Ball	u/a	26.14
Helen Whorton	u/a	26.32
Sarah Caplan	u/a	26.52
Cath Ogilvie	u/a	27.11
Julie Pearce	u/a	30.38

FO40

Alison MacDonald	Ellesmere Port	20.57
Vanessa Griffiths	Helsby	22.06
Liz Dobson	Helsby RC	24.23
Kelly Taylor	u/a	28.30
Janet Agnew	u/a	32.00

FO35

Jane Hallows	Penny Lane Striders	22.36
Carolyn Houghton	Penny Lane Striders	23.04
Grace Hart	Tattenhall	23.55
Emer McCanon	Chester Tri	24.39
Eleri Jones	Denbigh Harriers	24.45
Sheena Darby	u/a	27.42