

Race Results - Urenco Capenhurst 5K

22/08/2007

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
1	Adam Peers	U20	Liverpool Harriers	15.33	47	Steve Brace	O40	Tattenhall	19.44
2	Tim Dickinson	U40	Blackheath Harriers	15.51	48	Jay Jennions	FU35	Deestridders	19.45
3	Luke Reddy	U40	Liverpool Harriers	15.54	49	Peter Roberts	O65	Buckley	19.46
4	Ian Wetherall	O40	Sale Harriers	16.13	50	Melvyn Ollier	O55	Wrexham AC	19.52
5	Richard Shearer	U40	u/a	16.15	51	John Ratcliffe	O60	Tattenhall	19.52
6	Steven Hensaw	U40	Deeside	16.20	52	Danny Legg	O40	Ellesmere Port RC	19.54
7	Leon Foster	U40	Wirral	16.31	53	Neil Elsby	U40	Wirral AC	19.58
8	John Earlston	O45	Abergele	16.43	54	Michael Whiteside	O55	Tattenhall	19.59
9	Mark Hulmston	U40	Wirral	16.46	55	Luke Proudfoot	U20	Wirral	20.01
10	V Van Woerkom	U40	Epson Oddballs	16.53	56	Paul Price	O45	West Cheshire	20.02
11	George Kirk	U40	Sale Harriers	16.57	57	Jon Hawker	O40	Ellesmere Port RC	20.03
12	Paul Mannion	U40	u/a	16.58	58	David Herrington	U40	West Cheshire AC	20.04
13	Shaun Egan	U20	Wirral AC	17.03	59	Peter Clarkson	O40	u/a	20.07
14	Peter Scarratt	O40	Wirral	17.13	60	Alison Smith	FU35	Tattenhall	20.11
15	Darren Blazier	U40	Abergele	17.15	61	Stephen Norbury	U40	u/a	20.14
16	Ian Lancaster	O45	Tattenhall	17.19	62	Jayson Rees-hugh	U40	u/a	20.14
17	Alex Haswell	U20	West Cheshire	17.25	63	Shane Knott	U40	Penny Lane Striders	20.14
18	Nick Burke	U40	Altrincham	17.31	64	Rob Jones	O40	South Cheshire Harrier	20.15
19	Gary bird	U40	u/a	17.37	65	Alex W Goodwin	U20	u/a	20.15
20	Peter Taylor	U40	Tattenhall	17.38	66	David Temple	U40	Deestridders	20.22
21	Andrew Clague	U40	West Cheshire	17.38	67	Carol Williams	FU35	Tattenhall runners	20.23
22	Chris Chandler	O45	u/a	17.39	68	Chris Morgan	O55	Chester Tri	20.24
23	Emma Parry	FU35	Wrexham AC	17.44	69	Matt Parsoni	U40	Chester Tri	20.25
24	Michael Harrington	U40	Vale Royal	17.45	70	Dave Olsfiled	O50	Tattenhall	20.29
25	Gary Withers	O45	West Cheshire	17.49	71	David Jones	O55	Denbigh Harriers	20.29
26	Jon-Philip Seymour	U20	Wirral AC	17.51	72	Neill Rees-Hughes	U40	u/a	20.36
27	Tony Walker	O45	Clayton le Moors	17.53	73	David Roberts	O45	Ellesmere Port	20.37
28	Jonathan Bradshaw	U40	Chester Tri	17.54	74	Dave Taylor	O55	Chester Tri	20.40
29	Philip Monks	U40	Vale Royal	17.55	75	Gemma Lawler	FU20	Wirral	20.52
30	Anthony McDevitt	O55	Wirral AC	17.57	76	Mary Tavener	FO45	Vale Royal	20.54
31	Carol Parsons	FU35	Chester Tri	17.58	77	Alison MacDonald	FO40	Ellesmere Port	20.57
32	George Nicholls	U40	Prestatyn	18.10	78	Jeffrey Byron	U40	u/a	21.03
33	Adair Broughton	U40	Helsby	18.13	79	Pamela Thuole	FU35	Penny Lane Striders	21.04
34	Peter Bohan	O40	u/a	18.38	80	Rob Hardwick	U40	Penny Lane Striders	21.09
35	Matt Whitfield	O50	Ellesmere Port	18.42	81	Mark Watts	O45	Mersy Tri	21.10
36	Shane Wolstencroft	U40	Salford Mets	18.50	82	Tim Hughes	U40	Tattenhall	21.12
37	Rob Edwards	U40	Wrexham Tri	18.52	83	Brian Griffiths	O50	Ellesmere Port RC	21.14
38	Paul Howarth	O40	Clwydian Fell Runners	18.54	84	Stan Erlam	O65	St Helens Sutton	21.19
39	Michael K Stone	O45	Wirral	18.54	85	Robert Spotwood	O45	Abergele	21.20
40	Ellie Debenham	FU35	Chester Tri	18.55	86	Mike Cutler	O50	South Cheshire Harrier	21.22
41	Simon Greenwood	O45	Chester tri	19.10	87	Sarah Henshaw	FU35	Deestridders	21.24
42	Keith Hatton	O45	Liverpool Harriers	19.16	88	David Lynan	U40	Penny Lane Striders	21.25
43	Arnold Melling	O55	Lostock	19.22	89	Marjolein von Kralin	FU35	Tattenhall	21.28
44	Andrew Blair	O40	Tattenhall	19.23	90	John Raftery	O50	Wallasey AC	21.28
45	Paul Miller	O50	Tattenhall	19.28	91	Ian Fitzpatrick	O45	Chester tri	21.34
46	William Prout	O50	Salford Metro	19.41	92	Grant Watson	U40	Chester tri	21.43

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93	Barry Chambers	O55	Vale Royal	21.46	143	Sheena Darby	FO35	u/a	27.42
94	John Houghton	O45	Warrington	21.48	144	Ann Stevenson	FO50	u/a	27.54
95	Matt Owen	U40	Helsby	21.50	145	Heather Agnew	FU35	u/a	28.09
96	Paul Frodsham	O45	West Cheshire	21.50	146	Booth Rosie	FO55	u/a	28.14
97	Michael Evans	O40	Chester Tri	21.56	147	Kelly Taylor	FO40	u/a	28.30
98	Brian Beattie	O60	West Cheshire	22.04	148	Tessa Swaine	FO50	Tattenhall	29.12
99	Vanessa Griffiths	FO40	Helsby	22.06	149	Lesley Clague	FO65	Tattenhall	29.14
100	Jack Thomas	O65	Buckley	22.10	150	Carly Harris	FU35	u/a	29.17
101	Stuart Richards	O65	u/a	22.12	151	Sandra Barrett	O40	Chester tri	29.18
102	Nicola Whitham	FU35	Tattenhall	22.14	152	Julie Pearce	FO45	u/a	30.38
103	Martin Durrant	O50	Tattenhall	22.14	153	Robert Lockwood	O70	Road Runners	31.05
104	Carol Shaw	FO45	Helsby	22.29	154	Janet Agnew	FO40	u/a	32.00
105	Neil Walsh	U40	Spectrum Striders	22.31	155	Peter sETH	O50	u/a	35.31
106	Mark Molloy	O40	Warrington RR	22.33	156	Claire Jones	FU35	u/a	37.23
107	Jane Hallows	FO35	Penny Lane Striders	22.36	157	Ray Scotter	O55	u/a	37.23
108	Dave Thompson	O50	Spectrum Striders	22.38	158	Chris Evans	U40	u/a	37.32
109	Amanda Davies	FU35	Tattenhall	22.39	159	Jennie Mclver	FU35	u/a	37.33
110	Nic Ogilvie	O45	u/a	22.44					
111	Samantha Roberts	FU35	Chester Tri	22.46					
112	Robin Smith	O50	Middleton Harriers	22.48					
113	Keith Robson	O65	Manchester Tri	23.00					
114	Carolyn Houghton	FO35	Penny Lane Striders	23.04					
115	Sean Simmons	O40	Chester tri	23.05					
116	Mike Doolan	O55	Prestatyn RC	23.05					
117	Margaret Ludden	FO45	Buckley	23.07					
118	Rosemary Rogers	FO55	Deestriders	23.08					
119	Rachel Lambert	FU35	Helsby	23.17					
120	Janet Taylor	FO45	Chester Tri	23.17					
121	Derek Isherwood	O45	Wirral	23.32					
122	David Banister	O45	u/a	23.53					
123	Grace Hart	FO35	Tattenhall	23.55					
124	Thomas Nowrie	U20	u/a	24.10					
125	Kieron Stuart	U20	u/a	24.11					
126	David Shaw	O45	u/a	24.13					
127	Liz Dobson	FO40	Helsby RC	24.23					
128	Emer McCanon	FO35	Chester Tri	24.39					
129	Daniel Shaw	U20	u/a	24.40					
130	Eleri Jones	FO35	Denbigh Harriers	24.45					
131	Alison Jones	FU35	u/a	24.58					
132	Jennifer Chambers	FU35	Tattenhall	25.10					
133	Tom Nowrie	O40	u/a	25.21					
134	Martin Booth	O50	u/a	25.25					
135	Richard Jones	U40	u/a	25.36					
136	Claire Richards	FU35	u/a	26.04					
137	Ken Taylor	O55	n/a	26.06					
138	Ann Ball	FO45	u/a	26.14					
139	Helen Whorton	FO45	u/a	26.32					
140	L Webster	FU35	Frodsham	26.50					
141	Sarah Caplan	FO45	u/a	26.52					
142	Cath Ogilvie	FO45	u/a	27.11					

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