

Race Results (by category) - Urenco Capenhurst 5.

20/08/2008

Name	Running Club	Time	Name	Running Club	Time
U40			Mike Doolan	Prestatyn RC	22.57
Lee Jones	Deeside	16.12	O50		
Alan Ashton	Liverpool Harriers	16.23	Chris Pedder	Newburgh	17.32
Dave Barr	Liverpool Harriers	17.48	Peter Maher	Vale Royal AC	17.49
Adair Broughton	Helsby	17.51	John Dillon	Whitchurch Whippets	18.19
Kelvin Dickinson	Wirral AC	17.53	Stephen Bellis	Buckley Runners	18.32
George Nicholls	Prestatyn RC	18.10	Stephen Roberts	Oswestry Olympians	18.43
Stephen Harrison	Fetch Everyone	18.18	Gary Withers	West Cheshire	18.44
John McAndrew	u/a	18.19	Robert Spotswood	Abergele Harriers	21.48
Phil Brown	Chester Tri	19.21	Peter Haswell	West Cheshire	21.59
Graham Turner	Chester Tri	20.02	Kevin Curtis	u/a	22.23
Dirk Mithen	u/a	20.13	Bill Sheppard	u/a	22.57
Jon Cole	Ellesmere Port RC	20.16	Chris Neukom	u/a	23.23
Matt Parsons	Chester Tri	20.29	O45		
Paul Donoghue	Buckley Runners	20.30	Mike Robbins	Wrexham AAC	17.03
Alan Walsh	u/a	20.39	Trevor Morris	Wilmslow	17.08
Mark Bennett	Chester Tri	20.43	Paul Quine	Liverpool Running club	17.22
Simon Phillips	Whitchurch Whippets	20.51	Michael Stone	Wirral AC	18.37
Lionel Jones	Ellesmere Port RC	21.11	Tom Rutherford	Capenhurst RC	20.56
Edward Spencer	u/a	21.20	John Houghton	Warrington RR	21.24
Neil Richards	u/a	21.45	David McAlister	Wallasey	22.26
Grant Watson	Chester Tri	21.49	John Kelly	Penny Lane Striders	22.46
Clay Lenhart	u/a	22.05	O40		
Steve Arnold	u/a	22.08	Paul Freary	Belgrave Harriers	15.59
Hadyn Johnson	Tattenhall Runners	26.12	Mike Shaw	Stockport Harriers	16.34
Rob Kelly	u/a	26.41	Nick Burke	Altrincham	17.25
U20			Ian Landucci	u/a	18.44
Joshua Dixon	Abergele Harriers	16.51	Simon Greenwood	Chester Tri	19.01
Alex Haswell	West Cheshire	17.46	Peter Clackson	u/a	20.19
Jake Barr	Liverpool Harriers	22.00	Haydan Jones	Abergele Harriers	20.27
Daniel Shaw	u/a	23.11	Mark Fidler	Ellesmere Port RC	21.45
O60			Andy Whitehead	Mersey Tri	22.10
John Morris	Buckley Runners	21.27	Richard Burnett	u/a	25.50
Brian Beattie	West Cheshire	23.10	Nigel Crierie	Ellesmere Port RC	26.46
Robert Mackey	Buckley Runners	23.19	FU35		
Peter Samuelson	Spectrum Striders	24.16	Karrie Hawitt	Warrington AC	18.08
Sidney Molyneux	Picton Running Club	24.31	Nicky bird	Ellesmere Port RC	18.28
Ken Taylor	u/a	25.35	Jennifer Smith	Warrington	18.41
Charles Thackeray	West Cheshire	25.40	Elizabeth Crawshaw	u/a	18.47
G J Hanks	Alchester	34.53	Hana Carroll	Liverpool Harriers	19.02
O55			Ellie Debenham	Chester Tri	19.35
Anthony Peacock	u/a	19.47	Amanda Davies	Tattenhall Runners	20.07
Phil Walker	Wrexham AAC	19.56	Alison Smith	Tattenhall	20.48
Peter Weatherhead	Wirral AC	20.24	Alison Hughes	Ellesmere Port RC	20.59
Michael Charman	Helsby	20.45	Pamela Thurtle	Penny Lane Striders	21.06
Barry Chambers	Vale Royal AC	21.10	Nikki J. Platt	u/a	21.28
Alan Durston	Ellesmere Port RC	21.23	Anna Lancaster	Tattenhall	22.40
Dave Hough	West Cheshire	21.38	Becki Ramsden	u/a	26.41
David Alan Jones	Denbigh Harriers	22.26	Kate Waterhouse	Whitchurch Whippets	29.23

Name	Running Club	Time	Name	Running Club	Time
FU20					
Kate Titlow	West Cheshire	19.34			
Kerry Riley	West Cheshire	22.14			
FO60					
Hazel Dirksen	Buckley Runners	22.53			
FO55					
Audrey Foster	Northern Vets AC	23.28			
Stephanie Charman	Helsby	24.19			
Jane Evans	Deestridders	27.55			
FO50					
Madeleine Bird	Ellesmere Port RC	24.09			
Helen Whorton	u/a	26.12			
FO45					
Mary Tavener	Vale Royal AC	21.13			
Carol Shaw	Helsby	23.33			
Michelle Kelly	Penny Lane Striders	23.46			
Susan Ridings	Buckley Runners	24.41			
Ann Ball	Ellesmere Port RC	25.48			
Anna Louise Riley	u/a	27.16			
Susan Jones	u/a	27.54			
Ruth Aldridge	u/a	31.28			
FO40					
Yvonne Wyke	Wigan Phoenix	18.45			
Alison MacDonald	Ellesmere Port RC	22.00			
Elizabeth Oldfield	Chester Tri	27.26			
FO35					
Dawn Urquhart	Buckley Runners	21.14			
Jane Woodhead	Wirral AC	22.52			
Clare Hinde	Wirral AC	24.13			
Claire Richards	u/a	25.17			
Julia Fidler	Ellesmere Port RC	25.59			
Diane Duret	Chester Tri	26.37			
Bev Pentland	u/a	27.23			