

Race Results (Ladies) - Urenco Capenhurst 5K

20/08/2008

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
1	Karrie Hawitt	FU35	Warrington AC	18.08					
2	Nicky bird	FU35	Ellesmere Port RC	18.28					
3	Jennifer Smith	FU35	Warrington	18.41					
4	Yvonne Wyke	FO40	Wigan Phoenix	18.45					
5	Elizabeth Crawshaw	FU35	u/a	18.47					
6	Hana Carroll	FU35	Liverpool Harriers	19.02					
7	Kate Titlow	FU20	West Cheshire	19.34					
8	Ellie Debenham	FU35	Chester Tri	19.35					
9	Amanda Davies	FU35	Tattenhall Runners	20.07					
10	Alison Smith	FU35	Tattenhall	20.48					
11	Alison Hughes	FU35	Ellesmere Port RC	20.59					
12	Pamela Thurtle	FU35	Penny Lane Striders	21.06					
13	Mary Tavener	FO45	Vale Royal AC	21.13					
14	Dawn Urquhart	FO35	Buckley Runners	21.14					
15	Nikki J. Platt	FU35	u/a	21.28					
16	Alison MacDonald	FO40	Ellesmere Port RC	22.00					
17	Kerry Riley	FU20	West Cheshire	22.14					
18	Anna Lancaster	FU35	Tattenhall	22.40					
19	Jane Woodhead	FO35	Wirral AC	22.52					
20	Hazel Dirksen	FO60	Buckley Runners	22.53					
21	Audrey Foster	FO55	Northern Vets AC	23.28					
22	Carol Shaw	FO45	Helsby	23.33					
23	Michelle Kelly	FO45	Penny Lane Striders	23.46					
24	Madeleine Bird	FO50	Ellesmere Port RC	24.09					
25	Clare Hinde	FO35	Wirral AC	24.13					
26	Stephanie Charman	FO55	Helsby	24.19					
27	Susan Ridings	FO45	Buckley Runners	24.41					
28	Claire Richards	FO35	u/a	25.17					
29	Ann Ball	FO45	Ellesmere Port RC	25.48					
30	Julia Fidler	FO35	Ellesmere Port RC	25.59					
31	Helen Whorton	FO50	u/a	26.12					
32	Diane Duret	FO35	Chester Tri	26.37					
33	Becki Ramsden	FU35	u/a	26.41					
34	Anna Louise Riley	FO45	u/a	27.16					
35	Bev Pentland	FO35	u/a	27.23					
36	Elizabeth Oldfield	FO40	Chester Tri	27.26					
37	Susan Jones	FO45	u/a	27.54					
38	Jane Evans	FO55	Deestriders	27.55					
39	Kate Waterhouse	FU35	Whitchurch Whippets	29.23					
40	Ruth Aldridge	FO45	u/a	31.28					

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