

Race Results (Male) - Urenco Capenhurst 5K

20/08/2008

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
1	Paul Freary	O40	Belgrave Harriers	15.59	42	Barry Chambers	O55	Vale Royal AC	21.10
2	Lee Jones	U40	Deeside	16.12	43	Lionel Jones	U40	Ellesmere Port RC	21.11
3	Alan Ashton	U40	Liverpool Harriers	16.23	44	Edward Spencer	U40	u/a	21.20
4	Mike Shaw	O40	Stockport Harriers	16.34	45	Alan Durston	O55	Ellesmere Port RC	21.23
5	Joshua Dixon	U20	Abergele Harriers	16.51	46	John Houghton	O45	Warrington RR	21.24
6	Mike Robbins	O45	Wrexham AAC	17.03	47	John Morris	O60	Buckley Runners	21.27
7	Trevor Morris	O45	Wilmslow	17.08	48	Dave Hough	O55	West Cheshire	21.38
8	Paul Quine	O45	Liverpool Running club	17.22	49	Mark Fidler	O40	Ellesmere Port RC	21.45
9	Nick Burke	O40	Altrincham	17.25	50	Neil Richards	U40	u/a	21.45
10	Chris Pedder	O50	Newburgh	17.32	51	Robert Spotswood	O50	Abergele Harriers	21.48
11	Alex Haswell	U20	West Cheshire	17.46	52	Grant Watson	U40	Chester Tri	21.49
12	Dave Barr	U40	Liverpool Harriers	17.48	53	Peter Haswell	O50	West Cheshire	21.59
13	Peter Maher	O50	Vale Royal AC	17.49	54	Jake Barr	U20	Liverpool Harriers	22.00
14	Adair Broughton	U40	Helsby	17.51	55	Clay Lenhart	U40	u/a	22.05
15	Kelvin Dickinson	U40	Wirral AC	17.53	56	Steve Arnold	U40	u/a	22.08
16	George Nicholls	U40	Prestatyn RC	18.10	57	Andy Whitehead	O40	Mersey Tri	22.10
17	Stephen Harrison	U40	Fetch Everyone	18.18	58	Kevin Curtis	O50	u/a	22.23
18	John McAndrew	U40	u/a	18.19	59	David McAlister	O45	Wallasey	22.26
19	John Dillon	O50	Whitchurch Whippets	18.19	60	David Alan Jones	O55	Denbigh Harriers	22.26
20	Stephen Bellis	O50	Buckley Runners	18.32	61	John Kelly	O45	Penny Lane Striders	22.46
21	Michael Stone	O45	Wirral AC	18.37	62	Bill Sheppard	O50	u/a	22.57
22	Stephen Roberts	O50	Oswestry Olympians	18.43	63	Mike Doolan	O55	Prestatyn RC	22.57
23	Ian Landucci	O40	u/a	18.44	64	Brian Beattie	O60	West Cheshire	23.10
24	Gary Withers	O50	West Cheshire	18.44	65	Daniel Shaw	U20	u/a	23.11
25	Simon Greenwood	O40	Chester Tri	19.01	66	Robert Mackey	O60	Buckley Runners	23.19
26	Phil Brown	U40	Chester Tri	19.21	67	Chris Neukom	O50	u/a	23.23
27	Anthony Peacock	O55	u/a	19.47	68	Peter Samuelson	O60	Spectrum Striders	24.16
28	Phil Walker	O55	Wrexham AAC	19.56	69	Sidney Molyneux	O60	Picton Running Club	24.31
29	Graham Turner	U40	Chester Tri	20.02	70	Ken Taylor	O60	u/a	25.35
30	Dirk Mithen	U40	u/a	20.13	71	Charles Thackeray	O60	West Cheshire	25.40
31	Jon Cole	U40	Ellesmere Port RC	20.16	72	Richard Burnett	O40	u/a	25.50
32	Peter Clackson	O40	u/a	20.19	73	Hadyn Johnson	U40	Tattenhall Runners	26.12
33	Peter Weatherhead	O55	Wirral AC	20.24	74	Rob Kelly	U40	u/a	26.41
34	Haydan Jones	O40	Abergele Harriers	20.27	75	Nigel Crierie	O40	Ellesmere Port RC	26.46
35	Matt Parsons	U40	Chester Tri	20.29	76	G J Hanks	O60	Alchester	34.53
36	Paul Donoghue	U40	Buckley Runners	20.30					
37	Alan Walsh	U40	u/a	20.39					
38	Mark Bennett	U40	Chester Tri	20.43					
39	Michael Charman	O55	Helsby	20.45					
40	Simon Phillips	U40	Whitchurch Whippets	20.51					
41	Tom Rutherford	O45	Capenhurst RC	20.56					

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