

Race Results (Male) - Urenco Capenhurst 5K

26/08/2009

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
1	Adam Peers	U40	Liverpool Harriers	15.11	41	James Pickering	U40	Buckley Runners	18.36
2	Colin Potts	U40	Liverpool Harriers	16.02	42	David Jury	U40	Trafford	18.41
3	Liam Thompson	U40	Warrington AC	16.09	43	Paul Stinton	U40	Buckley Runners	18.42
4	Paul Mannion	U40	Astley + Tyldesley	16.09	44	Jason Bennett	U40	EPRC	18.43
5	Matthew Roberts	U40	Eryri	16.12	45	Arnold Melling	O60	Astley + Tyldesley	18.48
6	Lee Jones	U40	Deeside AAC	16.15	46	Sam Myers	U40	Unattached	18.58
7	Darren Blazier	U40	Abergele Harriers	16.18	47	Jason Weston	U40	Chester Tri	19.01
8	Mark Hulmston	U40	Wirral AC	16.26	48	Jon Cole	U40	EPRC	19.06
9	Jon-Philip Seymour	U20	Wirral AC	16.30	49	Stephen McNicholas	O45	Penny Lane	19.08
10	Xavier Desse	U40	Wirral AC	16.31	50	Michael Stone	O50	Wirral AC	19.11
11	Leon Foster	U40	Leeds City	16.35	51	Les Kennedy	O40	unattached	19.11
12	Chris Cooper	U20	Wirral AC	16.38	52	Max Woods	O40	West Cheshire AC	19.22
13	Paul Waltham	U40	Eryri Harriers	16.51	53	Huw Lewis	O50	Buckley	19.38
14	Andy Starkey	O45	West Cheshire	16.57	54	Andrew Blair	O45	Tattenhall Runners	19.42
15	Ian Cooper	O45	EPRC	16.59	55	Michael Vaughan	U40	Tattenhall runners	19.43
16	Jeff Kettle	U40	West Cheshire AC	17.11	56	Gareth Hansom	U40	Unattached	19.56
17	Kenny Begley	O45	Chester Tri	17.14	57	Marcus Walker	O50	unattached	20.01
18	Mike Robbins	O45	Wrexham AC	17.15	58	Daniel Graigen	U40	Chester tri	20.06
19	Paul Quine	O45	Liverpool Running club	17.22	59	Robert Wilson	U40	Whitchurch Wippets	20.06
20	Peter Taylor	U40	Tattenhall Runners	17.29	60	Peter Roberts	O65	Buckley runners	20.11
21	Duncan Harris	O40	Chester Tri	17.30	61	Martin Witty	O40	Deestridders	20.15
22	Kelvin Dickinson	U40	Wirral AC	17.33	62	Haydn Jones	O40	Abergele Harriers	20.18
23	Adair Broughton	U40	Helsby	17.36	63	Michael Whiteside	O60	Tattenhall Runners	20.18
24	Paul Dodsworth	O40	Warrington AC	17.37	64	Dean Richards	U40	Whitchurch Wippets	20.21
25	Oliver Park	U40	Warrington A.c.	17.38	65	Ian Fitzpatrick	O45	unattached	20.25
26	Dve Barr	U40	Liverpool Harriers	17.39	66	Rob Cunliffe	O45	unattached	20.28
27	Richard Clancy	U40	Trafford	17.43	67	Stephen Botham	O50	Wreccsam Tri	20.30
28	Gareth Dodd	U40	unattached	17.46	68	Simon Phillips	O40	Whitchurch Wippets	20.40
29	Andrew Clague	O40	West Cheshire	17.47	69	Rob Hardwick	U40	Penny Lane Striders	20.41
30	Kevin Scarbrough	U40	Stockport Harriers	17.55	70	Melvyn Ollier	O60	Wrexham AC	20.43
31	Simon Ellis	O40	Tattenhall	18.08	71	Dirk Mithen	O40	unattached	20.46
32	Anthony McDevitt	O55	Wirral AC	18.11	72	Richard Park	U40	unattached	20.53
33	Steve Townsend	U40	unattached	18.16	73	Chris Higgins	O50	Buckley	20.56
34	James Bateman	U40	unattached	18.17	74	D Fullwood	O50	unattached	20.59
35	Matthew Welsh	U40	Unattached	18.19	75	Michael Charman	O55	Spectrum Striders	21.02
36	Neil Pownall	U40	unattached	18.20	76	Darrell Freeman	U20	unattached	21.02
37	Tony McCarthy	O50	Warrington Athletic Clu	18.22	77	Dave Oldfield	O50	Tattenhall Runners	21.04
38	James Simpson	U40	South Cheshire Harrier	18.23	78	Daniel Shaw	U20	unattached	21.12
39	Neil Kelly	U40	Penny Lane Striders	18.29	79	David Jones	O55	Denbigh Harriers	21.21
40	Stephen Harrison	U40	Ferc	18.33	80	Mike Cutler	O50	South Cheshire Harrier	21.29

Pos.	Name	Cat.	Running Club	Time	Pos.	Name	Cat.	Running Club	Time
81	Kevin Curtis	O50	unattached	21.29					
82	Roberts Chambers	U40	Tattenhall Runners	21.33					
83	Neil Richards	U40	unattached	21.35					
84	Grant P Stanning	O45	Sandbach Sriders	21.36					
85	Alan Cronin	O55	Chester tri	21.36					
86	John Morris	O65	Buckley	21.39					
87	John Houghton	O50	Warrington Road runn	21.40					
88	Mark Fidler	O40	EPRC	21.42					
89	Dave Hough	O60	West Cheshire	21.46					
90	Martin Durrant	O50	Tattenhall runners	21.50					
91	Robin Frost	O60	Wrexham Athletic Club	21.51					
92	Dave Taylor	O55	Chester tri	21.51					
93	Mike Thompson	U40	unattached	22.00					
94	David McAlister	O50	Wallasey AC	22.01					
95	Steven Scrivens	O45	unattached	22.06					
96	David Pointon	O50	unattached	22.20					
97	Alan Jones	O40	Deestridders	22.22					
98	Alistair McAuliffe	U40	Tattenhall Runners	22.33					
99	Mick Flaherty	U40	Chester Tri	22.50					
100	Dave Thomas	U40	unattached	22.54					
101	Chris Brumby	O45	Sandbach riders	23.00					
102	K Jerry Williams	O55	Birkenhead AC	23.00					
103	Steve Denton	U40	unattached	23.08					
104	Paul Roberts	U40	Chester tri	23.08					
105	Kevin Fairclough	O45	unattached	23.18					
106	James Glover	U40	Unattached	23.30					
107	Peter Williamson	U40	unattached	23.30					
108	Nathan Williams	U40	unattached	23.39					
109	Alec Jervis	U40	unattached	23.47					
110	David Banister	O50	unattached	23.50					
111	Joe Park	O70	Cheshire Tally-Ho	23.57					
112	Lawrie Brown	O65	B A C	24.28					
113	ndy Gosling	U40	unattached	24.29					
114	Sidney Molyneux	O60	Picton Running Club	24.56					
115	Stuart Richards	O65	unattached	25.03					
116	Derek Mason	U40	Chester Tri	25.13					
117	Tony Thackray	O60	West Cheshire	25.58					
118	Bill Preston	O55	UK Net Runner	26.20					
119	Bryan Griffiths	O45	unattached	28.01					
120	Philip Houghton	U20	unattached	28.21					
121	Geoff Howarth	O70	Northern Vets AC	28.30					
122	Ken Taylor	O55	unattached	28.53					
123	John Roy Latham	O60	South Cheshire Harrier	31.22					
124	Geoff Hanks	O60	AL Chester	37.22					

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